

# CERTIFICATE OF PARTICIPATION

This is to certify that

**phila mpongoma**

Has successfully participated & completed the

**32km SA Run 4 Cancer Ultra Marathon 2019**

held at Polokwane Rugby Fields.

**TIME 03:10:36**

**PACE 05:57/km**

**GENDER 115 of 303**

**OVERALL 130 of 438**

**40+ 38 of 105**

26 October 2019, Sat

Date



*BoutTime*

Signature

